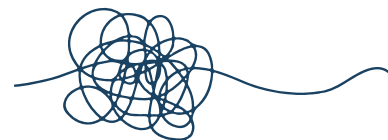


# The Indispensable Benefits of Compassion to The Provider

**Suggested Format: Full or Partial-Day; Lecture; Keynote**

**Exhaustion and compassion fatigue are becoming a more and more common occurrence** in the daily life of a health care provider, including a dental professional. Many of us don't know that it is compassion which has the most profound and positive, yet underestimated, impact on the provider. We do not realize that **practicing empathy during patient interaction is the very antidote to burnout**. From understanding its influence on patient outcomes to exploring how compassion promotes our own well-being, we uncover the ripple effects of this powerful virtue. **Discover how compassion not only fosters healing and connection but also improves the overall quality in our various realms of life**. Let's create a world where compassion is at the forefront of our interactions, helping us heal, leading to a more loving community, and a gift of the most positive metamorphosis into our lives.

*I get it. You are NOT alone. MA*



**untangle me**  
DR. MAGGIE AUGUSTYN

**Dr. Maggie Augustyn**

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## Learning Outcomes

- Discuss the outdated, yet still practiced, role of a provider lacking compassion
- Discuss an inverse relationship between length of education and compassion toward a patient
- Discuss the phenomenon of neuron mirroring as it applies to patient relationships and plays a role in dispensing compassion
- Discuss and present scientific research in support of a changed dynamic within the dental field and as it benefits both the patient and provider
- Discuss how compassion fatigue can be prevented in providers with true human-to-human contact

### **Course Format:**

This course is offered in-person and can be modified for a virtual presentation.